

NCH Women's Center Virtual Tour

Welcome to Northwest Community Healthcare's Women's Center. Congratulations on your new baby you are about to meet. We look forward to helping you have a wonderful birth experience. Below you will find information that is typically provided on hospital tours about what to expect when you come.

For any admission to Labor and Delivery, please come through the Emergency Department. You do not have to check in there, but someone will be there to help you get upstairs to Labor and Delivery. All of our units are locked to get in and out for infant and patient safety.

Labor and Delivery

Please have your I.D. and insurance card available when you check in.

Once in a room, you will be placed on the monitors and the nurse will check your vital signs.

report will be given to your doctor and a plan will be made.

For laboring patients will have

Labor Balls Rocking Chairs
Peanut Balls Squatting Bar
Telemetry monitoring (so you can walk around)

Please have a Pediatrician picked out prior to delivery.

We have 24 hour in house anesthesia and neonatology.

There is a couch/recliner for the support partner to sleep on.

Once your baby is born, they will go to your chest for skin to skin contact, after delayed cord clamping; unless it is medically necessary to evaluate the baby sooner.

During Recovery:

Skin to Skin Weight/Length
Photos Vital Signs (Mom & Baby)

Feeding initiated (breast or bottle)

Vitamin K and Erythromycin given

I.D. band on baby, mom & support partner

Typically last 2 hours then transferred to 5S

Women & Infant's Unit is one floor above Labor and Delivery

Mom and baby stay together to learn feeding cues and bond.

Optional bath after delay for bonding. We practice emerging baths for infant comfort.

Obstetrician and Pediatrician will come visit daily.

Lots of teaching happens here so you will be prepared to go home.

Hearing screening, photos and car seat test are done before discharge.

You must have your own car seat to bring your baby home and know how to install. Staff can not assist with this.

Vaginal Birth stay is 24-48 hours, C-Section is 48-96 hours.

Neonatal Intensive Care Unit

We have a level III NICU, which is the highest level in the state.

Neonatologists are part of The Chicagoland Children's Health Alliance.

All rooms are private with bed for parent.

We have twin rooms so they can be side by side.

Ideally your baby will not need to be here but if they do they will receive great care.

Thank you for choosing NCH. We look forward to caring for you and your family.