

# Pickleball Training

Fun, social and friendly. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. A fun sport that combines many elements of tennis, badminton and ping-pong.



## [Open Play Time / Pickleball Court Reservation:](#)

The spirit of Open Play is that everyone gets to play with different players in a recreational and fun setting. The objective of Open Play is to have people learn from playing with others. *If you would like to change your Open Play Time to a Pickleball Court Reservation for your group, please contact us at 847-618-3501 or book our next available court time with Gilda at [Gkhalaj@nch.org](mailto:Gkhalaj@nch.org)*

## [Private Training \(1 Participant\)\\*](#)

Enjoy 60 minutes of Pickleball dedicated to you and your needs. No matter your skill level or goals, this private/custom session is designed to help you advance your game, hone your skills, improve your strategy and increase your overall enjoyment of the sport.

## [Duet Sessions \(2 Participants\)\\*](#)

A Duet (semi-private) session is ideal for 2 players with a similar skill level. It provides a great opportunity to work on basics, drill, tactics/techniques, strategy, etc. The session is designed to help you build confidence and improve your game! This format is especially good for helping beginner players become more proficient playing Pickleball.

## [Group Training \(3 - 4 Participants\)\\*](#)

If you're looking for a fun and easy way to get excellent coaching with your friends and family members and run drills that improve your abilities, you'll love our small group Pickleball lessons. Requires a minimum of three participants with the same skill level to sign up in order to have a small group training session.

*\* Each session is 60 minutes. Sessions are led by a certified Pickleball Pro. Advance registration required. Each participant must sign a Special Program waiver and registration form before their Pickleball experience. Pickleball Paddles and balls will be provided. The 24-hour cancellation policy applies to all Pickleball training sessions and reservations. Court shoes recommended.*

# Pickleball Training

## PRIVATE TRAINING (1 PARTICIPANT)\*

Sessions	Per Session Cost	Package Cost	Expiration Date
	Per Members / Non Members	Per Members / Non Members	
1	\$55 / \$65	-	1 week
2	\$50 / \$60	\$ 100 / \$ 120	6 weeks
4	\$49 / \$59	\$196 / \$ 236	10 weeks

## DUET TRAINING (2 PARTICIPANTS)\*

Sessions	Per Session Cost	Package Cost	Expiration Date
	Per* Members / Non Members	Per Members / Non Members	
1	\$35 / \$45	-	1 week
2	\$33 / \$38	\$ 66 / \$ 76	6 weeks
4	\$32 / \$37	\$ 128 / \$148	10 weeks

## GROUP TRAINING (3-4 PARTICIPANTS)\*

Sessions	Per Session Cost	Package Cost	Expiration Date
	Per* Members / Non Members	Per Members / Non Members	
1	\$25 / \$35	-	1 week
2	\$24 / \$33	\$ 48 / \$ 66	6 weeks
4	\$23/ \$30.5	\$ 92 / \$ 122	10 weeks

## COURT RESERVATION (60-75 MINUTES)

Per Member \$5	Per Non-Member \$10
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To begin training, please contact:

**Gilda Khalaj**

Group Exercise Coordinator

847-618-3665

Gkhalaj@nch.org

Cancelation policy:

The 24-hour cancellation policy applies to all Pickleball reservations. Please call the front desk 847-618-3501 to cancel or contact Gilda to modify your reservation time/day.